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July 10, 2023

Prompt #5

Inspirations made

Before I attended college/university, I decided after graduating from High School that I wasn't going to attend or register to go to college. I had my reasons for why I didn't want to, one of them was I wasn't sure what type of career I wanted to go for. My mother later convinced me to sign up for college a month after I graduated from High School, I noticed that you could attend even if you weren't sure what program you wanted to be in. I got accepted into all colleges or universities I applied to, now it was up to my decision which one to attend.

A month later I made my decision on which school to go to, the advisor let me know that it was fine if I wasn't sure what interested me, they would give me at least 2 years for me to decide which program I was for sure interested in. When classes started I was already registered in four classes, one of them being English, Sociology, Math, and Computer & Technology. I know that Math isn't my favorite subject to take, but the English class is a very common class for me. Sociology class was something new and interesting, never in my academic life took this type of class. When I completed that quarter, I felt sort of undecided and decided on the major I wanted to go for. I have heard many good things about the business major and its benefits to people, so I registered for a business class in the second quarter of my freshman year. A month into taking the business class I wanted to change my major to Business Administration, I felt interested in the subject, and the fact having a Bachelor's degree in Business meant it could help you if you wanted to have your own business, be an owner or a high position in an existing company, investor or more. After taking my midterms I started to get disinterested in pursuing

the Business degree. A week before we had our registration day for the next term for Spring, I decided to go for Behavioral Sciences, I kept thinking about how I was interested in the Sociology class I took on my first quarter. I wanted to help people in need and be the person that people can reach out to me to help. I wanted to learn more about behavioral sciences classes. I began taking classes such as Psychology, intro to social work, Educational Psychology, Women in Society, group process, Abnormal Psychology, and more. I learned a lot of new things about the mind of a human including the behavior, the many types of problems someone or people can face in life, and how we can help or advise them so they can improve their mental health or make changes in their life.

The horse racing industry made an impact in making this decision. I'm not the only person living on the backstretch of the race track, more than one family is living on the backstretch for more than two years. We have faced some similar problems due to how we live at the backstretch. I have seen families in need where mothers and fathers don't have enough to get the necessities for their children even if they get paid. I have also seen people who work with the horses at the racetrack have post-traumatic stress disorder. It's not an easy and safe job, there have been many accidents where people get hurt due to a horse attack, and some have gone to the hospital. I noticed people that their mental health isn't great. The Backstretch does have a social worker, who I have met, and seen how she has helped many people and families. The social worker provides many options on what a person needs help with and is there to listen to what the person is going through to give some advice that can help. The social worker from the backstretch and others have been the people that inspire me to continue pursuing the career I want, I too want to be like them and help individuals or families.

I most probably will return to the backstretch to improve the community, it is and always

will be the place where I grew up, I want to help the families that are struggling, many may think because they work they get enough money for whatever they need, but sometimes it isn't enough for them for a week or two. I have seen individuals, couples, and families struggling financially, emotionally, physically, and mentally. Not everyone is perfect and is doing well, everyone has always something going on and needs support from someone or help. There are so many things and people that inspired me into pursuing this career I want, we all go through tough times and it is okay to ask or go look for help, no one has to do it alone and get through the tough time the individual or group is going through.